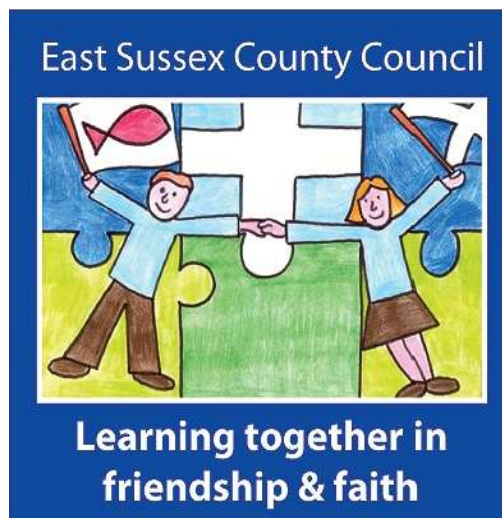


ST. ANDREW'S C.E. INFANTS' SCHOOL

SUN SAFETY POLICY

September 2025



To be reviewed September 2026

As stated in the East Sussex Information sheet on sun exposure 'Sun Safety is an issue for schools'. It is important that schools take precautions to encourage children to practice sun safe behaviour and to play in the shade when the sun is hottest between 12 - 3 p.m.

Aims

The aim of this sun safety policy is to protect children and staff from skin damage caused by the effects of ultraviolet radiation from the sun.

The main elements of this policy are:

- Protection: providing an environment that enables pupils and staff to stay safe in the sun.
- Education: learning about sun safety to increase knowledge and influence behaviour.
- Collaboration: working with parents/carers, governors, and the wider community to reinforce awareness about sun safety and promote a healthy school.

Protection

Environment:-

- We will encourage students to sit/play in the shade when possible.
- We have parasols and gazebos which will be used in the summer months to provide shade.
- Weather forecasts - these should be obtained and attention given to hot weather warnings and to the maximum times advised for the exposure to the sun.
- In the days of extreme heat we may timetable lunchtimes for shorter sessions outside. We also include 'shade breaks' to sit in the shade for 5 minutes at a time.
- P.E. sessions should be carefully planned to avoid sun exposure. In extreme heat, as above, shorter sessions will be planned for outside.

Clothing:-

- Children are required to wear hats.
- Children should wear sun cream. This needs to be applied before school and they can bring in a **named** bottle/tube of sun cream in book bags, which under supervision children will apply before lunch time.

- Children have access to drinking water at all times during the school day. Children may bring a named water bottle which they can have re-filled during the day. There is a water fountain on the playground for all children.

Education:-

- Pupils will be educated throughout the curriculum about the importance of staying safe in the summer.
- Regularly remind parent/carers and pupils through newsletters, posters and activities to stay safe in the summer months.

Collaboration:-

- We aim to work closely with parents/carers regarding this policy through newsletters/updating changes with the school regarding education/protection. The Sun Safety letter to be issued beginning of term 4.

In rare cases, extreme heat can cause heatstroke

Symptoms to look out for are:

Cramp in arms, legs or stomach, feeling of mild confusion or weakness.

- If anyone has these symptoms, they should rest for several hours, keep cool and drink water or fruit juice.
- If symptoms get worse or don't go away, medical advice should be sought.
- **If you suspect a member of staff or pupil has become seriously ill, call an ambulance. While waiting for the ambulance:**
- If possible, move the person somewhere cooler.
- Increase ventilation by opening windows or using a fan.
- Cool them down as quickly as possible by loosening their clothes, sprinkling them with cold water or wrapping them in a damp sheet.

Approved by Governors:

Date: September 2025

Next Review:

Date: September 2025